

# MINUTES



**Date:** November 27, 2025  
**Time:** 7:00 PM  
**Location:** Online on Zoom  
**Executives in Attendance:** President Winsome Rauch  
Vice President Amy MacKenzie  
Vice President Kara Dickson  
Treasurer Michelle Bastien  
Director Stacey Parson  
Director Pinkey Bhatti  
Indigenous Representative Eruke Omorogieva  
**Attendance:** See Zoom Attendance list attached  
**Special Guests:** Fraser Health Nurse Judith Pelllerin

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## 1 Call to Order

Chair Winsome Rauch called the meeting to order at 7:00 PM. A quorum was met.

## 2 Welcome & Introductions

Acknowledgement of Local Indigenous Community

## 3 Overview of Vaping: Harms and Resources

Fraser Health nurse Judith Pellerin reviewed vaping harms and supports. Vaping heats e-juice into aerosol that may contain toxicants. Nicotine is addictive, especially for youth. Non-compliant vapes can exceed legal limits. Short-term effects include irritation and nausea. Marketing mirrors tobacco. Vaping isn't harmless.

Healthy Schools' Ambassador Program trains senior students to deliver peer-led vaping education to younger grades through 30–45 minute presentations, promoting awareness, mentorship, and positive decision-making about vaping. Schools and PACs can reach out to Judith to have this program present at their school. Judith will share her slides with DPAC.

## 4 Q&A with Fraser Health Nurse Judith Pellerin

Judith reported the ambassador presentations have already reached several Abbotsford schools, with Robert Bateman and Rick Hansen as pilot sites. The average age for first vaping is about 14, perhaps as young as 11, with some use occurring in middle school, so early education is key. Foundry was described as a youth hub for ages 14–24 with community supports. Scare tactics and "exploding vape" messages are avoided in favour of factual, non-judgmental education. Schools interested in the program can contact Judith to participate. Email [dpac.sd34@gmail.com](mailto:dpac.sd34@gmail.com)

## **5 Approval of the Minutes from October 2025**

The minutes were approved as presented.

## **6 President's Report**

The President and Director Stacey Parson met with Fraser Health nurse Judith Pellerin on November 3 to discuss Healthy Schools and attended the BCCPAC Summit on November 15, including sessions on PAC governance and conflict management. DPAC supported PACs with BCCPAC membership renewals and answered questions on gaming funds, school relationships, volunteers, safety, and bylaws. The Constitution & Bylaws Committee began meeting on November 9, chaired by Michelle Bastien. Planning continues for 2026 Parent Learning Events and future DPAC guest speakers. The President acknowledged Michelle's support with Zoom bookings and the work of the Special Education Committee assisting parents with Learning Support.

## **7 Treasurer's Report**

Treasurer Michelle Bastien presented reports and spoke on the closing bank balances and outstanding cheques as of October 31, 2025.

Gaming Account: \$9210.83

General Account: \$4287.65

The reports were received and filed.

### **MOTION**

That DPAC reallocate \$2,000 from the Shared Learning budget line to the Parent Night Series budget line for the current fiscal year.

### **Rationale:**

The district is bringing in a professor from UFV for professional learning at no cost. As a result, the district is not requesting any DPAC funding for this session.

MOVED by Prince Charles, SECONDED, CARRIED

## **8 Constitution & Bylaws Committee Report:**

The committee, chaired by Michelle Bastien, has been formally established with members Winsome Rauch, Amy MacKenzie, Stacey Parson, Pinkey Bhatti, and Chris Flood. Amendments were reviewed and productive discussions held. The committee will draft proposed changes for January, and members will have an opportunity to provide input.

## **9 New Business**

### **9.1 PAC Constitution and Bylaws uploaded to your school's website.**

Every PAC should post a clean copy of their constitution and bylaws on their school website. Corissa at the Superintendent's office can provide copies to PAC Chairs, principals, or the DPAC Chair as needed. Bylaws belong to all parents and should be easily accessible. Posting them also fulfills the requirement under the School Act, Section 8(5). Please contact your school administration to find out who is responsible for posting on your school website. Posting five years' worth of minutes is also recommended to align with Gaming requirements.

### **9.2 Dr. Shahana Alibhai – "Feel Better" Book Exploration May 11, 2026.**

Dr. Shahana will host a "Feel Better" book session on May 11, offering a bulk discount on books. The session provides parents an opportunity to explore key takeaways aligned with our parent learning survey. DPAC will purchase books for interested parents and distribute them through schools, likely in two rounds (January and March). Parents can sign up via [abbotsforddpac.ca](http://abbotsforddpac.ca).

## **10 DPAC Announcements and Upcoming Events**

### **10.1 Register [BCCPAC Memberships](#)**

The following schools can still take advantage of the opportunity to have DPAC cover the cost of their 2025-2026 BCCPAC memberships:

ASIA – North Poplar

Auguston Traditional Elementary

Bakerview Centre for Learning

Barrowtown Elementary

Blue Jay Elementary

Jackson Elementary

John MacLure Community School

Mathxwí Elementary

Ten Broeck Elementary

10.2 [PAC Executives Registration](#)

- 10.3 Bullying: A New Approach to an Enduring Problem – Online, Monday, February 23, 2026. Register on [abbotsforddpac.ca](http://abbotsforddpac.ca)

This session, leading up to Pink Shirt Anti-Bullying Day, explores modern bullying, including cyberbullying, and provides parents with strategies to understand and address peer aggression effectively.

- 10.4 Study Smarter, Not Harder: With Your Brain in Mind – WJ Mouat Theatre, April 8, 2026. Register on [abbotsforddac.ca](http://abbotsforddac.ca)

This interactive session helps families understand how the brain works and offers practical, neuroscience-based strategies for improving memory, note-taking, time management, and exam performance. Tickets are free but required to manage theatre capacity; one ticket per attending family member.

**11 Announcements and Upcoming Events from Others**

- 11.1 Public Board Meetings – December 9 and January 20 at 6 pm, School Board Office.

- 11.2 [ERASE Cyberbullying and Sextortion](#) – Online: December 10, February 18, April 8, June 10.

- 11.3 [ERASE Online Safety and Privacy](#) – Online: January 21, March 11, May 13.

**12 Open Floor**

- 12.1 Foundry is offering upcoming online sessions:

- Understanding, Supporting and Connecting with Teens with Depression
- Supporting Safety at Home When Your Child Has a Mental Health Crisis
- Connecting with Our Kids When Anxiety Leads to Social Isolation

More information: [FamilySmart Events](#)

- 12.2 The Salvation Army is recruiting Kettle Volunteers for the Red Kettle Campaign and welcomes parents and students; reference letters for volunteer hours are available. They are also hosting a pet-friendly Shuffle for Shelter on Saturday, December 6. Email [dpac.sd34@gmail.com](mailto:dpac.sd34@gmail.com) for details or contact Dan Comrie, Salvation Army Community Partnerships at [dan.comrie@salvationarmy.ca](mailto:dan.comrie@salvationarmy.ca)

**13 Next Meeting: January 22, 2026, 7:00 pm on Zoom.**

Guest speaker Mike Pearson will present the new Abbotsford School District Trades Program Guide and post-secondary opportunities.

**14 Adjournment**

The meeting adjourned at 8:14 PM

## Zoom Attendance

<b>Name (original name)</b>
Alexander Elem- DPAC Amber (Amber Rodocker-EPS)
Amanda Dundass Terry Fox
Amy MacKenzie# DPAC VP & Dr. T.A. Swift Elementary DPAC Rep (Amy MacKenzie, DPAC VP)
Angela Manetti Abbotsford Middle School (Angela's iPad)
Barry Wijnandts Clearbrook DPAC
Becky Williams - Chief Dan George - DPAC Rep
Centennial Park E - Amanda (DPAC Rep) (Dr. Amanda Degenhardt)
Chelsea Muirhead-Sandy Hill DPAC (Chelsea Muirhead)
Chu
Deanna Harnett - Chief Dan George
Eruke Omorogieva DPAC
jas badesha ats (SD34 DPAC Zoom #1)
Judith Pellerin Fraser Health (Judith Pellerin)
Kara Dickson DPAC VP (DPAC Abbotsford School District)
Krista Lidstone - IKT
Michelle Bastien DPAC Treasurer, DPAC Rep Prince Charles & Yale
Pinkey Bhatti - South Poplar - Dpac Rep (Pinkey Bhatti)
Rani Prakash ATS (voting) South Pop -PAC President (Rani Prakash)
Stacey Parson DPAC Director/Abby Senior DPAC Rep Alternate (Stacey Parson)
Winsome Rauch - DPAC President (DPAC Abbotsford School District)